





Cheyenne Mountain...the majestic outcome of millions of years of geographical upheaval. Buried deep inside her rock walls lies evidence of past ages and mineral-rich deposits of stone and sand. A hidden tribute to a world gone by. But her surface offers a beauty that's a testament to nature's splendor.

She is a sanctuary for your body, mind, and soul.



ESCAPE

We invite you to escape to the world of Alluvia.

A world inspired by the essence of nature and her mineral-rich environment. A retreat where your eyes can see through the prism of wellness, rejuvenation, and bliss.

UNWIND

We invite you to let go.

To release your body, mind, and soul to the healing power of nature and the organic purity of her resources.
To embrace your well-being.

RENEW

We invite you to refresh your inner spirit.

To indulge in our spa rituals and stimulate your senses.
To experience holistic ingredients inspired by nature and to reconnect with yourself.



For spa pricing, specials, and seasonal offerings, visit AlluviaSpa.com.

MASSAGES

Our massage collection integrates holistic spa treatments with the best of massage therapy techniques to enhance overall well-being. Begin with the choice of a specially-crafted blend of aromatic plant essences designed to bring the powers of aromatherapy into your session.	
Spot Relief	25 Minutes
Perfect spot massage for an area of concern using Deep Tissue Therapy massage and a healing Arnica Balm.	
Foot Reflexology	25 Minutes
Feel renewed with a refreshing scrub to the lower legs and feet, followed by deeply relaxing massage therapy techniques applied to the feet.	
Reflexology Trio	50 Minutes
Enjoy full body relaxation through deeply soothing massage therapy techniques applied to reflex points on the feet, hands, and head. Service includes refreshing scrub to the lower legs and feet.	
Rest & Relax Swedish	50/80 Minutes
Calming Lavender Blossom Body Oil and gentle connective massage strokes soothe an overstressed nervous system.	
Deep Tissue Therapy	50/80 Minutes
Tension is unraveled in this therapeutic treatment. Trigger Point Therapy and Myofascial Release techniques are combined with the healing properties of Alpine Arnica to encourage deep relaxation.	
Alluvia Signature Hot Stone	50/80 Minutes
A hypnotic treatment perfectly pairing our Signature Scent with warm spa rocks to penetrate deep into sore muscles.	
Purify & Renew	50/80 Minutes
Enhance the body's natural immunity with this holistic treatment combining a Eucalyptus steam inhalation, dry body brush exfoliation, and a Ginger Root Oil massage.	
Mother-To-Be	50/80 Minutes
A prenatal massage made extra special by a beautiful mini-facial, and a relaxing foot treatment.	
Couples Treatments.....	50/80 Minutes
Enjoy a spa experience side-by-side in our spacious couples room. Choose from our massage and body treatment offerings.	



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MINERAL-RICH BODY SOAKS AND TREATMENTS

Unwind and escape with an intensive full body treatment, or a customized bath in our jetted deep soaking tub.

Deep Soak.....20 Minutes

A deep mineral soak of your choosing. Enjoy on its own, or add to any massage service.

Deluxe Soak.....50 Minutes

A 20-minute soak followed by a luxurious body balm application.

Soak Offerings

Restore.....Potent Magnesium bath flakes infused with Sweet Birch make an ideal soak for chronic muscle cramps, aches, and stiffness.

RelaxLavender and Hibiscus steeped with Rose Petals and Pink Himalayan salt will relax and recharge a tired body and nervous system.

ReplenishCoconut and whole milks combine with Chicory Root and Sweet Almond Oil to help support healthy, soft skin.

Alluvia Espresso Mineral Mud Body Treatment80 Minutes

This three-in-one treatment begins with a robust Coffee Arabica and Black Silt Mud exfoliation to soothe dry skin and encourage circulation. Next, a potent mineral-rich mask is applied and the body is wrapped to allow for skin restoration. Session concludes with a nourishing body balm application.

Invigorating Body Scrub50 Minutes

A refreshing sugar scrub is melted away with Lemongrass steam towels. Concludes with a hydrating body balm application to leave skin smooth and radiant.

Add a Body Scrub to Any Massage Service, À La Carte25 Minutes





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FACIALS

Our facial collection combines 100% natural botanical, minimum 70% organic ingredients to deliver a luxurious, results-oriented treatment.

Refresh25 Minutes

Cleanse, gentle peel, mask, and hydration for a healthy glow in minutes.

Classic50 Minutes

Rapidly improve skin tone and texture, fight free radicals, and reduce visible signs of aging. Recommended for all skin types.

Renourish50 Minutes

Antioxidant super powers, Vitamin A, B, and Goji Berry, join to replenish and repair nutrient-depleted skin.

Skin is left calm, nourished, and radiant.

Hydro-Boost50 Minutes

Deeply restore dry, dull skin in this specially-designed double hydration treatment. Innovative ingredients combine to deliver ultimate nourishment to the skin.

Alluvia Signature Sublime80 Minutes

A customized focus on aging skin concerns using a unique layering of mineral-rich elements for an immediate lifting effect.

Also excellent for any skin type seeking special attention. Session includes Foot Therapy Enhancement.

FACE AND BODY TREATMENT ENHANCEMENTS

Add to any massage, facial, or body treatment.

Scalp Therapy10 Minutes

Stimulating Citrus Extracts and nourishing Avocado Oil are massaged in to revitalize the scalp and hair.

Foot Therapy15 Minutes

A therapeutic balm of Peppermint, Arnica, and Shea Butter is used to release energy flow and tension in the feet and calves.

Revital-Eyes Treatment

Alleviate under-eye puffiness and fine lines with this distinctive, vitamin-rich remedy. Facial add-on only.

Lash or Brow Tint25 Minutes

Boost your natural beauty with a lash or eyebrow color enhancement.



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NAIL SERVICES

Experience excellence in natural nail services featuring OPI, Shellac, and quick-dry polish options. Our skilled nail technicians will leave you feeling pampered.

MANICURES AND PEDICURES

Refresh Manicure30 Minutes

Complete nail and cuticle care, lotion application, and OPI polish.

Classic Shellac Manicure50 Minutes

Our Refresh Service completed with flawless Shellac polish application.

Alluvia Signature Manicure50 Minutes

Extended nail and cuticle care, exfoliation, mask, massage, paraffin, and OPI polish.

Refresh Pedicure30 Minutes

Dry pedicure service with complete nail and cuticle care, relaxing Lemongrass steam towel service, lotion application, and OPI polish.

Essential Pedicure50 Minutes

Full-service pedicure to include foot soak, complete nail and cuticle care, callus care, exfoliation, massage, and OPI polish.

Alluvia Signature Pedicure70 Minutes

Ultimate experience takes our Essential Service to the next level with extended heel and callus care, mask, Signature massage, paraffin, and OPI polish.

MANICURE AND PEDICURE ENHANCEMENTS

OPI French Polish

Quick Dry Polish

Quick Dry French Polish

Shellac Services (Additional service time required. Please book in advance.)

Shellac Removal Service25 Minutes

Shellac Polish Application20 Minutes

French Shellac Application20 Minutes

WAXING SERVICES

Eyebrows, Lip, or Chin15 Minutes

Underarm, Half Leg, or Bikini30 Minutes

Full Leg, Back, or Chest50 Minutes

PACKAGES

Refresher

25-minute Spot Relief Massage, 25-minute Refresh Facial, 30-minute Refresh Manicure, 30-minute Refresh Pedicure.

Tension Tamer

50-minute Rest & Relax Swedish Massage with Foot Therapy, 50-minute Classic Facial with Scalp Therapy.

Escape For Two

The perfect 80-minute service for each to enjoy side-by-side in our couple's room, to include a Rest & Relax Swedish Massage paired with our Scalp and Foot Therapies.

Book your escape today. Dial 719-538-4071, or extension 4071 from your guest room.

AlluviaSpa.com



Cheyenne Mountain Resort | The Country Club of Colorado
125 East Clubhouse Drive | Colorado Springs, Colorado 80906
719-538-4071, or extension 4071 from your guest room
Escape@AlluviaSpa.com
AlluviaSpa.com