

## starters & salads

add protein to any salad | steak 9 | chicken 6 | fish 6

sweet treat 6

soup of the day 8

**tuna tartare\*** jalapeño, cucumber, ginger, curry mayo, sumac, cilantro, chili, poppadum chips 15

**cheese plate\*** selection of 3 cheeses, accoutrements 16

**raw oysters\*** red wine mignonette, horseradish sauce, lemon | 1/2 doz 18

**winter grain salad** crispy grains, root vegetables, dried fruit, mascarpone, pomegranate, mint 14

**iceberg salad** pork belly, caramelized brie, cider vinaigrette, honey crisp apple, hazelnuts 16

## entrees

**vegetarian quiche** mixed greens 12

**eggs benedict** daily feature, mixed greens MKT price

**sea change breakfast** scrambled eggs, sourdough, bacon or sausage, potatoes 14

**house-made yogurt** hazelnut granola, fresh berries 6

**fish & chips** battered cod, sauce gribiche, malt vinegar aioli, lemon 17

**mussels** tom yum broth, tofu, hon shimeji mushroom, thai basil, jasmine rice 20

**fish sandwich** open faced, smoked arctic char, lemon aioli, arugula, pickled pepper, egg bun 16

**double cheeseburger\*** smash style burger, horseradish, havarti, dill pickles, fries 16  
add fried egg 2 | bacon 3

**avocado shrimp toast** poached shrimp, smashed avocado, pickled onion, radish, cilantro, lime 16

## sides 5

bacon or sausage

french fries lemon aioli

mixed field greens

buttermilk biscuits and jam

## cocktails

**corpse reviver #2** befeater, solerno, cocchi americano, lemon 12

**bourbon flip** bourbon, oj, egg 10

**kir royale** crème de cassis, bubbles 12

**bottomless mimosa** 10

**sea**  
**CHANGE**  
RESTAURANT & BAR

\*There is a risk associated with consuming raw oysters or any raw or undercooked protein. If you have a chronic illness of the liver, stomach, or blood, or you have an immune disorder, you are at a greater risk of illness from raw or undercooked protein, and should eat these items fully cooked.